



FOR IMMEDIATE RELEASE - 2009 *Institute for Natural Medicine – Scholarship Winners Announced*

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2009 INM Natural Health Scholar Recipients Announcement

(PORTLAND, OR.) --- The Institute for Natural Medicine (INM), a philanthropic foundation founded in 1993 for the purpose of promoting naturopathic education and research, is proud to announce the recipients of the **2009 Natural Health Scholars Award** for naturopathic medical students. Selection of the scholarship recipients was competitive and based upon essays written by the candidates on such topics as scholarly research, clinical case studies, scientific research, and education methodology pertaining to whole food nutrition. INM has awarded three **\$2500.00** scholarships for **2009** to naturopathic medical students.

Congratulations to **Michael Long** with his essay titled; *The Modern Evolution of "Diet" – An Interesting Development in Medical Nutrition*, and **Martha Reid** *Eating Whole Foods: The Creation of an Antioxidant Arsenal* both forth year students representing Boucher Institute of Naturopathic Medicine & **Lia Sonnenburg** a forth year student from the Canadian College of Naturopathic Medicine with her essay *Whole Food Nutrition and Chronic Degenerative Disease* Students from each of the following medical programs were eligible to apply to receive an award:

University of Bridgeport * Canadian College of Naturopathic Medicine* Southwest College of Naturopathic Medicine * Bastyr University* National College of Natural Medicine * Boucher Institute* National University of Health Sciences

This scholarship was made possible entirely through the generous support of our generous scholarship sponsors at www.standardprocess.com and <http://bragghealthfoundation.org/> and scholarship committee members. Many thanks to the time commitment of the scholarship committee members David Barnes, PhD, Kathy Duerr, ND, Guru Sandesh Singh Khalsa, ND and Jonathan J. Tokiwa, BScN, RN, ND.

"Standard Process has a deep respect for the value of Naturopathic Medicine in meeting our health care needs. One of the best ways to encourage growth of the profession is through support of students." David Barnes, INM Board Member and Research Director at Standard Process Whole Foods.

"We are what we eat, breathe, drink, think and do. These future physicians are promoting natural approaches to a healthy lifestyle." Patricia Bragg, Bragg Health Foundation

Members of the community can support INM efforts by making tax-deductible donations directly to INM. Support naturopathic medical education, consumer education and research! For more information about the INM, or to make a donation visit our website www.NatureMed.org

